

26/07/2017

ARTHRITIS

Arthritis means inflammation of the joints. Most people with arthritis will experience pain and difficulty moving around. Around 10 million people in the UK have arthritis and, like them, you can take control of your symptoms and continue to have a good quality of life.

ARTHRITIS ACTION

Freephone: 020 3781 7120

The ultimate purpose of their work is to help people who are living with arthritis to gain relief from the pain and discomfort of arthritis, to reduce their symptoms and to enjoy a more active life with increased energy. They concentrate on providing practical advice and support as it is our belief that improvements in how we live every day can help those living with arthritis.

Arthritis Action, 56 Buckingham Gate, London, SW1E 6AE

Website: www.arthritisaction.org.uk

ARTHRITIS CARE

Helpline: 0808 800 4050

Aims to give advice and general support to sufferers and their carers. They offer have a free help and advice line open from midday until 4 pm on weekdays; they also run courses to help sufferers cope with their disability, and gain independence. Information about these course is on the website To find out about these courses visit the website.

Arthritis Care, Floor 4, Linen Court, 10 East Road, London, N1 6AD

Website: www.arthritiscare.org.uk

ARTHRITIS RESEARCH UK

Telephone: 0300 790 0400

Arthritis Research UK is the charity leading the fight against arthritis. In fact, they are the biggest funder of research into the cause, treatment and cure of all forms of arthritis in the UK.

Arthritis Research UK, Copeman House, St Mary's Gate, Chesterfield, Derbyshire S41 7TD

Website: www.arthritisresearchuk.org

NRAS (National Rheumatoid Arthritis Society)

Freephone Helpline: 0800 298 7650

They aim to provide information and support for people with rheumatoid arthritis (RA) and juvenile idiopathic arthritis (JIA), their families, friends and carers, as well as health professionals with an interest in RA

NRAS, Ground Floor, 4 The Switchback, Gardner Road, Maidenhead, Berkshire SL6 7RJ

Website: www.nras.org.uk

CCAA (Children's Chronic Arthritis Association)

Telephone: 07958 187600

CCAA is the leading charity run by parents and professionals to provide a support network for children with Arthritis and their families.

CCAA, PO Box 1281, Cheltenham, GL50 9AG

Website: www.ccaa.org.uk

in WFDC Green Street Depot
Green Street
Kidderminster
DY10 1HA

Helpline & Appointments: 0845 200 1072
Business / Office Line: 01562 60241
Fax: 01562 229083
Email: info@nwdial.org.uk
Website: www.nwdial.org.uk
Website: www.dialinworcestershireshire.org.uk



SPECIALIST ORGANISATIONS

THE PAIN RELIEF FOUNDATION

Telephone: 0151 529 5820

The Pain Relief Foundation is a UK charity dedicated to funding research and education into the relief of chronic pain in humans.

It was first established as a registered charity in 1979, in response to the urgent need for specialised research into the many different facets of chronic pain. Its main purpose was the setting up and operating of an institute where that research could be carried out. This led to the creation of the Foundation's Pain Research Institute

Clinical Sciences Centre, University Hospital Aintree, Lower Lane, Liverpool, L9 7AL

Website: www.painrelieffoundation.org.uk

EHLERS-DANLOS SUPPORT UK

Ehlers-Danlos Support UK is a registered charity supporting people who suffer from Ehlers-Danlos Syndrome (EDS). EDS is a connective tissue disorder and it's genetic. It is caused by a defect in a protein called collagen. There are over 30 types of collagen in the human body so EDS is very difficult to diagnose. That's one of the biggest challenges that face EDS sufferers. EDS UK is here to support people who have EDS, educate those who need to learn more, and raise funds to enable further research and development.

Devonshire House, Manor Way, Borehamwood, Hertfordshire WD6 1QQ

Website: www.ehlers-danlos.org

FIBROMYALGIA ACTION UK

Helpline: 0300 999 3333

Fibromyalgia is a chronic condition of widespread pain and profound fatigue. The pain tends to be felt as diffuse aching or burning, often described as head to toe. It may be worse at some times than at others. It may also change location, usually becoming more severe in parts of the body that are used most.

Website: www.fmauk.org

THE HYPERMOBILITY SYNDROME ASSOCIATION (HMSA)

Telephone: 0845 345 4465

HMSA is Connective tissue proteins such as collagen give the body its intrinsic toughness. When they are differently formed, the results are mainly felt in the "moving parts" - the joints, muscles, tendons, ligaments - which are laxer and more fragile than is the case for most people. The result is joint laxity with hypermobility and with it comes vulnerability to the effects of injury.

Website: <http://hypermobility.org>

LUPUS UK

Telephone: 01708 731251

Lupus is It's an incurable immune system illness, probably genetic in origin and mainly suffered by females. Some 50,000 are now thought to have lupus in the UK - it's systemic, in that it can affect any part of the body and that's the danger.

St James House, Eastern Road, Romford, Essex RM1 3NH

Website: www.lupusuk.org.uk

SCOLIOSIS ASSOCIATION UK

Helpline: 020 8964 1166

2 Ivebury Court, 325 Latimer Road, London W10 6RA

Website: www.sauk.org.uk

in WFDC Green Street Depot
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Kidderminster
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MARFAN ASSOCIATION UK

Telephone: 01252 810472

Marfan syndrome is one of the more common disorders of connective tissue that can affect the Eyes, Skeleton, Lungs, Heart and Blood Vessels, and may be life-threatening. The effects of Marfan syndrome varies between individuals, some people only being mildly affected.

Rochester House, 5 Aldershot Road, Fleet, Hants GU51 3NG

Website: <http://marfan-association.org.uk>

NATIONAL ANKYLOSING SPONDYLITIS SOCIETY (NASS)

Helpline: 020 8741 1515

The National Ankylosing Spondylitis Society (NASS) is the only registered charity dedicated to the needs of people affected by ankylosing spondylitis (AS) in the UK.

Since 1976 NASS has played a crucial role in providing accurate and up to date information allowing people with AS to have a greater understanding of their disease and in turn, make more informed choices in the management of their symptoms.

Website: www.nass.co.uk

THE PAGET'S ASSOCIATION

Helpline: 0161 799 4646

The main aims of the Paget's Association are to:

- Offer support and information to those with Paget's disease
- Raise awareness of the disease among health professionals and the general public
- Sponsor research into the causes and treatment of Paget's disease

Website: www.paget.org.uk

NATIONAL OSTEOPOROSIS SOCIETY

Helpline: 0808 800 0035

The National Osteoporosis Society is the only UK wide charity dedicated to improving the diagnosis, prevention and treatment of osteoporosis

Camerton, Bath BA2 0PJ

Website: www.nos.org.uk

PAPAA (psoriasis and psoriatic arthritis)

Telephone: 01923 672837

PAPAA was founded in 2007, as a joint venture between the Psoriatic Arthropathy Alliance, and the Psoriasis Support Trust, with the aim of merging the original charities into a single entity, becoming a principal resource of information and help for people with psoriasis and psoriatic arthritis in the UK

PO Box 111, St Albans, Herts AL2 3JQ

Website: www.papaa.org

SCLERODERMA & RAYNAUD'S UK

Telephone: 020 7000 1925

Scleroderma & Raynaud's UK is the new charity formed by the merger of the Raynaud's & Scleroderma Association (RSA) and the Scleroderma Society.

Website: www.sruk.co.uk

We cannot be held responsible for the level of service provided by the organisations included in this publication.

All details correct at time of publication, if you find that this info is inaccurate please call us.

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