

27/07/2017

## **BELLS PALSY**

Bell's Palsy is facial paralysis, normally affecting one side of the face, and can last from a number of weeks to a number of years. In most cases (approx. 80%) the condition recedes after 3 months though for a proportion of sufferers the symptoms can continue indefinitely.

### **BELLS PALSY ASSOCIATION**

They supply leaflets of facial exercises that are available to print, and details on the condition. There is a website for online discussions and information into treatments and research.

**Website:** [www.bellspalsy.org.uk](http://www.bellspalsy.org.uk)

### **LET'S FACE IT**

**Telephone: 01843 491291**

Let's Face It is an international support network for people with facial disfigurement, their families, friends and professionals.

Let's Face IT, 1 Victoria Place, 90 Westgate Bay Avenue, Westgate on Sea, Kent CT8 8NG

**Website:** [www.lets-face-it.org.uk](http://www.lets-face-it.org.uk)

### **FACIAL PARALYSIS.NET**

Facial Paralysis.Net is a forum style website for people with all types of facial disfigurement, where they can chat with others about problems.

**Website:** [www.facialparalysis.net](http://www.facialparalysis.net)

**We cannot be held responsible for the level of service provided by the organisations included in this publication.**

All details correct at time of publication, if you find that this info is inaccurate please call us.

in WFDC Green Street Depot  
Green Street  
Kidderminster  
DY10 1HA

Helpline & Appointments: 0845 200 1072  
Business / Office Line: 01562 60241  
Fax: 01562 229083  
Email: [info@nwdial.org.uk](mailto:info@nwdial.org.uk)  
Website: [www.nwdial.org.uk](http://www.nwdial.org.uk)  
Website: [www.dialinworcestershireshire.org.uk](http://www.dialinworcestershireshire.org.uk)



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Website: [www.dialinworcestershireshire.org.uk](http://www.dialinworcestershireshire.org.uk)

