

24/08/2017

## **STROKE**

### **STROKE ASSOCIATION**

**Helpline: 0303 303 3100**

They provide high quality, up-to-date stroke information for stroke patients, their families and carers.

**Website:** [www.stroke.org.uk](http://www.stroke.org.uk)

### **DIFFERENT STROKES**

**Telephone: 0345 1307172**

**Different Strokes** is a registered charity providing a unique, free service to younger stroke survivors throughout the United Kingdom. Our services and the number of stroke survivors benefiting from them have grown dramatically since we were formed in 1996. We are run by stroke survivors for stroke survivors, for active self help and mutual support.

**Website:** [www.differentstrokes.co.uk](http://www.differentstrokes.co.uk)

### **BRAIN AND SPINE FOUNDATION**

**Helpline: 0808 800 1000**

**Helpline Email:** [helpline@brainandspine.org.uk](mailto:helpline@brainandspine.org.uk)

The Brain and Spine Foundation helps the 10 million people affected by brain and spine conditions in the UK. They also offer a free helpline service, which is also run by neuroscientists, for Information, support, social and emotional advice.

**Email:** [info@brainandspine.org.uk](mailto:info@brainandspine.org.uk)

**Website:** [www.brainandspine.org.uk](http://www.brainandspine.org.uk)

**For local stroke groups contact the stroke association or visit their website**

**We cannot be held responsible for the level of service provided by the organisations included in this publication.**

All details correct at time of publication, if you find that this info is inaccurate please call us.

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